

Dermatology Associates, P.C.
Post Laser/Light Treatment Care—Laser/Light Assisted “Skin Rejuvenation”

1. Wash the area with tepid water and a gentle cleanser for two weeks. We recommend **Elite Ultra Gentle Cleanser**, which may be purchased in our office. Use your hands, not a face cloth or scrubber.
2. Keep the area moist with a light moisturizer. We recommend **Elite Ultra Lite Facial Cream**, which may be purchased at our office. Use Vaseline or Aquaphor healing ointment for any facial crusting areas.
3. Keep the treated area out of the sun. Use sunscreen with SPF 30 or higher following treatment. Elite Sunscreen SPF 30 with Zinc Oxide is recommended and may be purchased at our office. Daily use of sunscreen with SPF 30 or higher should continue indefinitely.
4. Keep clothing from rubbing the treated area and avoid other irritation to the area.
5. Do not use hairspray on or around the treated area.
6. Notify the office should you have any prolonged redness, excessive puffiness, blistering, or unusual side effects.

Important Facts to Remember

1. There will be redness and occasionally mild crusting of the treated area lasting for several hours to three days.
2. The treated area might “crust,” “flake,” or look like a “cat scratch.” This should resolve within three to 14 days.
3. Each area to be treated requires at least three treatments, with an average of five treatments, approximately four to six weeks apart. Most patients do not notice any improvement until after the first few treatments.
4. Results are usually not permanent. Even though the skin may be “rejuvenated” for long periods, it might regress in the future. The fact that the area responded to treatment and was enhanced for an extended period almost invariably means it will respond to future treatment. A maintenance treatment should be considered six months after completing the initial treatment series.

Signature of Patient (or Person Authorized to Consent for Patient)

Date

Print Patient Name

Print Signer's Name (if different)

Relationship