

Restylane® Treatment Pre and Post-Procedure Instructions

Before your treatment:

One week prior to your Restylane® treatment, avoid taking St. John's Wort, high doses of Vitamin E supplements, aspirin, and other non-steroidal anti-inflammatory medications, such as ibuprofen. These agents may increase bruising and bleeding at the injection site.

If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to a recurrence. Speak to your clinician about medications that may minimize a recurrence.

After your treatment:

You may have some redness and swelling. This will normally last less than seven days. Cold compresses may be used immediately after treatment to reduce swelling. If the inconvenience continues beyond seven days, or if other reactions or side effects occur, please contact your clinician.

Avoid touching the treated area within six hours following treatment. After that, the area can be gently washed. You should also avoid exercise and alcohol for six hours after treatment.

Sunbathing and cold outdoor activities should be avoided until any redness or swelling disappear.

Having a follow-up treatment before the product has fully dissipated will maintain your refreshed appearance. Please be sure to consult your clinician about recommendations for touch-up or follow-up treatments.

For complete product and safety information, consult your clinician or visit www.Restylane.com