

Dermatology Associates, P.C.

Please note: The following instructions are specific to Dermatology Associates, P.C. and should be followed only when instructed by a Dermatology Associates, P.C. clinician. It is not appropriate to follow these instructions if you are under the care of a clinician not affiliated with Dermatology Associates, P.C. If you have any questions, please contact the clinician who is treating you.

Liquid Nitrogen Cryosurgery

Liquid nitrogen is an extremely cold liquid made from the gas nitrogen, which is a natural component of the air we breathe. It is not an acid, but will create a blister when applied to the skin. The blister may be filled with clear fluid or be a “blood” blister.

After your treatment, the area will look pink to red. The blister will form a dry crust and peel off. It may take two to four weeks to heal.

You may get the area wet. You may cover it with a bandage or leave it open. Do not try to drain the blister or pick off the crust. If this happens accidentally, apply Bacitracin ointment and a bandage and change it daily until healed.

Pain can occur after treatment and can sometimes be moderately severe. This is especially true on the hands and feet. Tylenol, Advil, or Aleve will offer relief in most cases.

Please call the office if:

- a. You see yellow pus or a red area extending away from the treatment site.
- b. You have severe pain 24 hours after treatment that is not relieved with pain medication.
- c. The lesion originally treated has not disappeared one month after the liquid nitrogen was applied. At this time a follow-up appointment should be scheduled for retreatment. In the case of warts, multiple treatments may be required.

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