

Please note: The following instructions are specific to Dermatology Associates, P.C. and should be followed only when instructed by a Dermatology Associates, P.C. clinician. It is not appropriate to follow these instructions if you are under the care of a clinician not affiliated with Dermatology Associates, P.C. If you have any questions, please contact the clinician who is treating you.

Post-Operative Wound Care Instructions

Keep the initial dressing/bandage in place and dry for 24 hours.

Change the dressing once a day using the following method:

1. Wash your hands before and after changing the dressing.
2. Wash the affected area with hydrogen peroxide or soap and water by gently dabbing with cotton balls or gauze.
3. Dry the area with a cotton ball or gauze.
4. Apply white petroleum jelly to the affected area, unless otherwise specified.
5. Cover with a bandage or gauze.

You may shower or bathe with the old bandage/dressing on after the first 24 hours. Remove it after bathing and change it for the day as described above. Continue to keep the site covered continuously with a bandage for a week to ten days or until the sutures, if any, are removed. Failure to keep the wound covered can increase risk for scarring and/or infection.

If the wound starts to bleed, apply continuous pressure to the area for 15 minutes. Do not check to see if the bleeding has stopped for at least 15 minutes.

For pain or discomfort, use Tylenol. Do not use any aspirin, Anacin, Bufferin, Excedrin, or aspirin-containing products, which may cause bleeding. Do not take ibuprofen (Advil, Motrin, etc.).

No alcohol for 48 hours post-operatively.

Norwood Office
781.762.5858

Foxboro Office
508.543.5102

Franklin Office
508.520.3387